



## SYLLABUS 2023-24

CLASS	<b>IX</b>	BOOK	<b>MY FIRST SAFETY WORKBOOK-9</b>
SUBJECT	<b>VALUE EDUCATION</b>	PUBLISHER	PROJECT CACA

### TERM-1

CHAPTER	LESSON	Moral values/ Life skills
1.	Say Hello	Moral Value: Self Esteem Life Skill: Interpersonal Relationship
2.	It Feels Good to Be Me	Moral Value: Accept yourself. Life Skill: Self Awareness
3.	Pay Attention to Your Feelings	Moral Value: Be Motivated Life Skill: Coping with Stress
4.	Body Ownership	Moral Value: In Pursuit of Happiness Life Skill: Contentment
5.	Child Rights	Moral Value: Know Child Rights Life Skill: Self Awareness /Critical Thinking
6.	Gender Equality	Moral Value: Gender Equality Life Skill: Self Awareness/ Critical Thinking/ Interpersonal Relationship
7.	Being Confident	Moral Value: Believe in yourself. Life Skill: Effective Communication
8.	Bullying	Moral Value: Empathy Life Skill: Self Awareness, Effective Communication & Cyber Safety

### TERM-2

CHAPTER	LESSON	Moral values/Life skills
9.	Secrets	Moral Value: Be Trustworthy Life Skill: Decision Making
10.	It Is Not Your Fault	Moral Value: Be Confident Life Skill: Coping with Stress/Emotions.
11.	Scared	Moral Value: Be Bold and act smartly. Life Skill: Effective Communication.
12.	Choosing	Moral Value: Make right choices. Life Skill: Interpersonal Relationship/ Decision Making
13.	Growing Up	Moral Value: Socialism/Dignity Life Skill: Problem Solving/Critical Thinking
14.	Safety	Moral Value: Patience Life Skill: Critical Thinking / Problem Solving
15.	Emergencies	Moral Value: Dealing with Emergency / Laws Are for Every Ones Safety Life Skill: Decision Making